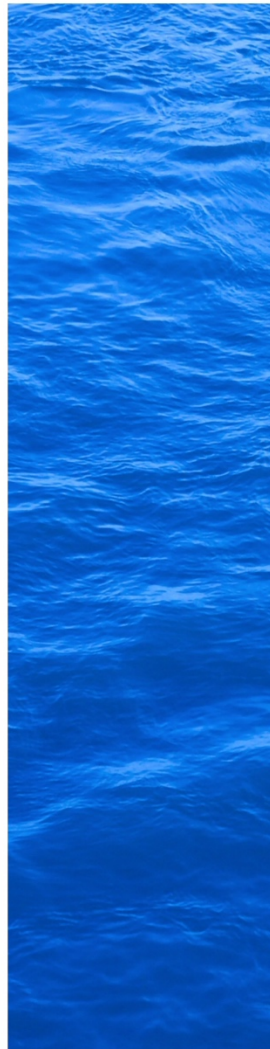
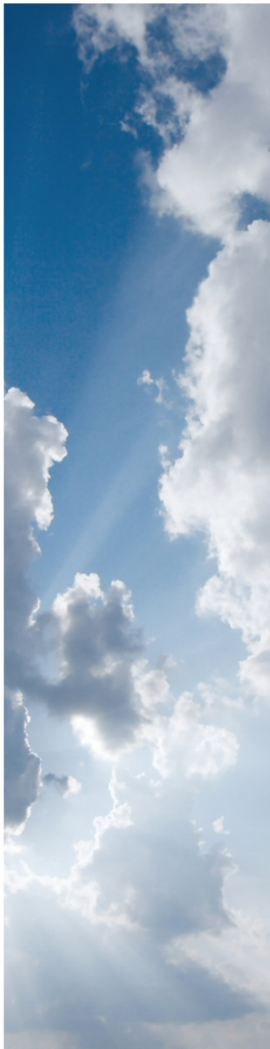


The Elements and The Elementals



Most of this information contained in this eBook, is from the 13-semester course of study in levels 6 and 9. This topic is taught in the public adult schools by the Metaphysical Center in New Jersey. Research by teachers and students in these classes have been incorporated into the information from other sources, both online and print, with every attempt at paraphrasing it.

This “quick book” is offered to you for free for attending the Divas That Care podcast given by Kate and Peggy Neligan.

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I. The Four Elements:

a. In Western culture the four fundamental elements which make up the world are fire, earth, air, and water. Sometimes aether is added, and Eastern cultures use the five elements of fire, earth, water, wood and metal. Metaphysics teaches that there are actually 7 elements in existence and the remaining ones will become known in time to come but we haven't become aware of them as yet, because we are more focused on the lower levels.

b. Protoplasm is the formal basis of all life. You could say that it is the "clay of the potter" and it contains the four basic physical elements of carbon, hydrogen, oxygen, and nitrogen. (This is in physical life, but there are other levels of life where other elements may come into play.)

c. These physical elements or basics of life correlate with fire (carbon), air (oxygen), water (hydrogen), and earth (nitrogen) and these in turn correlate with the elemental energies of spirit (fire), mind (air), emotions (water) and physical nature (earth).

II. The Devic Kingdom:

"There is a driving restless intelligence that we call "nature," but it really is made of the elementals." M&P 6

a. The ancient Egyptians and Greeks believed in a group of "invisible, spiritual counterparts of visible Nature." Paracelsus, in the 16th century, wrote about these and called them the Elementals as they were connected with the four elements.

b. Elementals are nature spirits, one of many groups that make up what is called the Devic Kingdom. The term Deva comes from the Eastern tradition and may be translated as "the shining ones." In the Judaic/Christian tradition, the Devic Kingdom is called the Angelic Kingdom. (Divas that Care is spelled differently but we are also Shining ones!)

Devas represent a different life wave, a different family of spiritual development from the human family. All of the world's sacred traditions speak of these two life waves. They are part of a separate stream of development. Nature spirits are part of the lower levels of evolution in the devic life wave just as minerals and vegetables are at the lower levels of evolution in the human life wave.

Devas are servants of the Divine and are not able to make choices contrary to the Divine Will. They follow the Divine Will and have group consciousness. Humans have individual consciousness as well as group

because we were given free will which allows the human life wave to make mistakes and learn to overcome them.

c. There is a hierarchy among the devic kingdom as there is among the human life wave. The lower stages of the devic life wave are called the nature spirits or elementals or sometimes called the faerie realm. They work with all aspects of the physical plane of reality through the four elements of fire, air, water, and earth which includes the body, mind, emotions, and spirit.

d. They are mostly unseen mystical beings who are responsible for building, maintaining, and destroying the forms in nature. (Everything in creation is consciousness and the elementals are the ones who create the “containers” that hold the different forms of consciousness. That is why humans have several bodies or containers to hold this consciousness which most people can't see: spiritual bodies, a mental body, an emotional body and a dense physical body that we can finally see.)

e. In metaphysics the teaching is that everything changes or evolves and that includes our solar system. The first incarnation of our solar system focused on the development of forms, which is what the devas' task was—so they are an older life wave than we are. They are here to provide the forms for us. The current incarnation of our solar system is focused on second ray activity and that is involved with the development

of consciousness. In the third incarnation of the solar system, the focal point will be first ray energy—development of the spiritual will.

III. The Elementals:

Because the elementals are in charge of building, maintaining, and tearing down the forms, they neither love nor hate nor do they have wisdom. They simply do the bidding of the Divine Plan. The elementals have work to do and like the bees, if you get in their way, you might get stung. This is one of the reasons why people grew to fear the elementals.

a. The Earth Elementals: Earth represents the dense physical world. Different traditions have different names for the earth elementals, but generally speaking, gnomes work with the earth and the minerals; elves, brownies, and leprechauns work with the animals, and fairies work with plant life.

b. The Water Elementals: Water represents emotions and literal water. The water elementals are called Undines. Some people say that mermaids are Undines while other teachings say that they are the result of mating between the giants of old, the Nephilim, and humans. Undines are responsible for the flow and movements of water as well as the flow and movement of human emotions.

c. The Air Elementals: Air represents mind. The air elementals are called Sylphs. They have a butterfly-like, ethereal nature and are not as dense as other elementals as they have the highest vibratory rate. Because of their connection to air, which is associated with the mental aspect, one of their functions is to help humans receive inspiration. The Sylphs are drawn to those who use their minds, particularly those in creative arts.

d. The Fire Elementals: Fire represents spirit. The fire elementals are called Salamanders (not to be confused with the reptiles, although they may have come from them when there were fire-breathing reptiles on earth in the early days of creation.) Salamanders are depicted as having bodies that glow as though on fire—quickly moving, radiant creatures. (Think of the movie Frozen) Many different things that have radiant energy (ie. glowing minerals) and fire itself are tied in with fire elementals.

IV. Some interesting Facts about the Elementals

1. Appearance:

a. The forms of the inner world are constituted of matter so sensitive that they reflect the variations of thoughts and feelings; they are

naturally fluidic and shifting. None of the devas have a fixed solid body as we understand it. The elementals do not have human form, but we tend to anthropomorphize them, to see human attributes in them.

They may materialize occasionally often using the thought forms that peasants and children have built. The elemental life rejoices to jump into the ready-made thought forms as much as an active child delights in dressing up. It will use such a thought form for work or for play as suits its convenience. (Story of the 2 angels that appeared and protected me and my kids driving to school dressed as 2 Muslim women in hijab)

b. the natural "body" used by elementals seems to be a pulsing globe of light. Streams of force radiate from this center, building up floating figures or "wings" of radiating energy and filmy shapes of vaguely human likeness. (Is this an orb?)

2. Mentality and sense of responsibility vary enormously according to their development. Tiny etheric creatures can run aimlessly in the grass which helps to keep active the vital currents in the grass itself.

They all have mass consciousness doing the work of nature's plan instinctively without any responsibility. The gnome and fairy lack rationality although they are alert and observant. The nature spirit has its center in intuition whereas humans have their center of consciousness in the mind or mental faculty.

3. The Elementals have control over the rain. Fire and rain can be controlled by sonics and vibrations.

V. Connection with Myth:

In many traditions, there are stories and mythologies which talk about these elementals and how they help or hinder humankind. In ancient earth-worshipping religions, they were very involved with the nature spirits and some misused them and worked incantations and rituals to manipulate them and get them to do their bidding and thus gave earth religions and some of the nature spirits a bad name.

Some of the fairy tales and mythologies that use the Elementals for the storyline:

- The Little Mermaid: Undine wanting to become human
- Rumpelstiltskin: Earth elemental who can be controlled by knowing its name
- The Elves and the Shoemaker: helpful Brownies like the Girl Scouts
- Rapunzel: Alexander the Great, Hercules, Merlin who also had one Devic parent
- 1001 Arabian Nights and Aladdin: djinn or genies are fire or air spirits

VI. Astrological Connections:

Nature spirits oversee the creation of forms and bodies so they create the forms that are about to be born under the influence of the astrological elements (as well as certain energies that come into the earth at certain times like the different rays. Cycles unfold according to the Law of Rhythm.

Fire: Aries, Leo, Sagittarius

The focal point of these signs is spirituality. People with a lot of fire signs are not only focused on spirituality but may have higher energy levels and do things faster—are high spirited and active and may not be too grounded.

Earth: Taurus, Virgo, Capricorn:

The focal point of these signs is the physical world. Some with lower consciousness may be involved with success in a physical way, while others with higher consciousness may be involved with spiritualizing the physical world. People with a lot of earth signs tend to be a little slower and plodding.

Air: Gemini, Libra, Aquarius

The focal point is the mind. Aquarius (called the water bearer) is not a water sign as that which is being poured is knowledge or wisdom not water. Sometimes people with a lot of air signs are cool and detached, hard to pin down, not grounded.

Water: Cancer, Scorpio, Pisces

The focal point of these signs is emotion. People with a lot of water signs tend to be more emotional. They can be like a deep ocean or shallow pool, swiftly changing like currents in a river, or slowly meandering like a brook. During the Piscean Age (for the last 2,000 years) water was the prominent element. Think of transportation for example: small boats, large ships, submarines etc.

During this age of Aquarius, air is the most prominent element so air travel and air waves for TV and radio and microwaves etc dominate.

In the future there will come a time when the element of fire will be more prominent than air, and we will have transportation through energy flows and magnetic rays, and things of this sort. Even the idea of solar heat and solar fuel is connected with the higher aspects of the fire element that will come into greater and greater use.

VII. The Higher Devas and their Connection to the Elementals

1. Background Information:

a. It is said that the Nature Spirits are born from the thoughts of the angels. The angels think and then make a sound, and the nature spirits are manifest.

b. The higher devas know the plan and disseminate it by mental telepathy to all the ranks below them. The more evolved devas who have reached the level of self-consciousness become the guardians of special nations or groups and act as angel messengers who carry out the will of the All in all the worlds.

2. It is said that 4 main archangels are "in charge" of the 4 elements and their elemental energies: Raphael: Air, Michael: Fire, Gabriel: Water, and Uriel: Earth

a. Archangel Raphael, air, specializes in helping with healing body, mind, and spirit. Call on this angel to help you break free from unhealthy burdens that are blocking you from moving forward in life. He

can inspire you to discover how to live in healthy ways. He can empower you toward accomplishing your soul's purpose.

b. Archangel Michael, fire, can help with issues of truth and courage. Call on Michael to awaken you to pursue spiritual truth, help you to remove the mistakes you've made in your life and seek and ignite your courage to take the risks that will help you to become a stronger person and help make the world a better place.

c. Archangel Gabriel, water, is the message bearer and can inspire you to reflect on your thoughts and emotions so you can learn the spiritual lessons from them. He can teach you how to be more receptive to the messages you receive (both waking life and dreams), and help you interpret the meaning of these communications.

d. Archangel Uriel represents the solid element of earth in nature. Uriel can help to ground you with reliable knowledge and wisdom. He also shows how to bring stability to situations in your life so you can prosper.

VIII. Conclusion and Applications:

1. To be in tune with the Nature Spirits, clear your third eye. Make it a screen and then send energy through the third eye out to the planet.

2. Call on the Devic Kingdom, especially the angels, to help you with issues related to your mind, physical body, emotions, and spirit.

3. The ultimate goal in working with the Elements and the Elementals is to find balance. In order for us to be fully balanced beings we need to have our physical nature, our emotional nature, our mental nature and our spiritual nature in balance. Too much air can cause a person not to be grounded while unbalanced emotions can make us like a swamp or a desert. For full development, a balance is always necessary.

Humans sometimes believe that they are bound to their emotional desires or their physical drives, or their mental needs, or even their spiritual beliefs. The idea is to recognize that we don't have to be bound to these various parts of our being, that we can take control of them instead of the elements controlling us.